FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C. 2054	q
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSH
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OMB APPROVAL								
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Estimated average burden								
hours per response:	0.5							

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Kamal Fariborz				2. Issuer Name and Ticker or Trading Symbol 4D Molecular Therapeutics, Inc. [FDMT]					(Che	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner Officer (give title Other (specify						
(Last)	(F	irst)	(Middle)		3. Date of Earliest Transaction (Month/Day/Year) 12/11/2023						X	below)			below)	Decity
C/O 4D MOLECULAR THERAPEUTICS, INC.											President and COO					
5858 HORTON STREET #455				4.	4. If Amendment, Date of Original Filed (Month/Day/Year)					Line)	6. Individual or Joint/Group Filing (Check Applicable Line)					
(Street)) X	_	ed by One I	•	•	
EMERY	VILLE C	A	94608	L								Form filed by More than One Reporting Person				
(City)	(S	state)	(Zip)	_ R	Rule 10b5-1(c) Transaction Indication											
					Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.							satisfy				
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																
1. Title of Security (Instr. 3) 2. Transa Date (Month/D				Execution Date		Code (Instr.				5. Amoun Securities Beneficia Owned Fo	Form (D) or ollowing (I) (In:		Direct Ir Indirect B tr. 4) C	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
							Code	Amount	(A) o (D)	r Price	Transacti (Instr. 3 a	on(s)			1311. 4)	
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																
1. Title of Derivative Security (Instr. 3) 2. Conversi or Exerci Price of Derivativ Security		Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s)	y	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
Code V					(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		(Instr. 4)	m(S)			
Stock Option (Right to Buy)	\$14.42	12/11/2023		A		260,000		(1)	12/10/2033	Common Stock	260,000	\$0	260,000)	D	

Explanation of Responses:

1. The shares underlying the stock option award shall vest and become exercisable as to 1/48th of the underlying shares on each monthly anniversary of December 11, 2023 (the "Vesting Commencement Date"), such that 100% of the shares subject to the option will be fully vested and exercisable on the fourth anniversary of the Vesting Commencement Date, while the grantee remains a service provider to the Company.

By: /s/ Scott Bizily as Attorney-12/13/2023 in-fact Fariborz Kamal

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.